

The Greater Orlando EMDRIA Regional Network Inc. (GOEMDRIAN Inc) is a collaboration of mental health professionals serving our local community by promoting excellence in EMDR therapy.



GOEMDRIAN Inc. Newsletter

Finding ways to inspire you!

July 2018

[Click here to register for EMDRIA International Conference](#)

Annual EMDRIA Conference Coming in October

By Marina Lombardo

This year, the Annual EMDRIA Conference will be held in Atlanta, Georgia from October 4 through October 7.

The theme for 2018, “EMDR Therapy: Meeting the Challengers in Today’s World,” promises to host high caliber presenters exploring issues relevant to the current challenges of our ever-changing society.

For those who are not able to travel, the Conference will be available online where it will be possible to gain access to the most popular presenters, and interact via classroom chats with the online attendee community.

Early bird registration ends August 1, so for more information, and to make reservations, click on the following [link: EMDRIA International Conference](#)

A Call To Step Up

By Marina Lombardo

Our GOEMDRIAN community continues to thrive only because of YOU!

The trainings, the newsletter, the website, and all the rest happens because committed clinicians give the gift of themselves. Your involvement can make all the difference. Even if you don’t have a lot of time, a small contribution can make a BIG difference. Plus, you get to connect with some pretty awesome people! Right now, the following volunteer



Openings are awaiting your consideration in our GOEMDRIAN community.

GOEMDRIAN Newsletter is looking for someone to assist Mary Beth Griffis in facilitating its publications four times a year. This individual needs to have skills in writing, editing and organization. If interested, please contact Mary Beth at Marybethgriffis@gmail.com.

The Social Media Committee is looking for individuals who have knowledge of social media to post and promote GoEmdrian events and accomplishments. This position offers the creative opportunity to explore and implement new marketing strategies. Interested parties can contact Mary Beth Griffis at Marybethgriffis@gmail.com.

GOEMDRIAN Webmaster Bill Brislin is looking for a webmaster assistant. This individual needs to be a detail person who has experience working with Word Press. If interested, please contact Bill@CounselingFL.com

Education Chair, Amy Wagner, is looking for a team of people to help with this important part of the organization. Team members will collaborate and facilitate the management of CEU's as well as lead the planning of program selections, with a goal of offering 4 trainings a year with 491 CEUs and EMDRIA CEUs. Interested parties can contact Amy@growingbranches.net.

EMDR Therapist Progressions

by Marina Lombardo

The GOEMDRIAN Community would like to acknowledge the progression of excellence by acknowledging those who have achieved EMDR milestones.

Gulnora Hundley, PhD, Winter Park, is now a Certified EMDR Therapist.

Bill Brislin is now a EMDRHAP trainer part 1.

Connect EMDR would like to congratulate **30 new EMDR therapists** who completed a 5 day intensive training hosted by Aspire Health Partner Aug 23, and **30 more** who completed a 5 day intensive within Child Advocacy Centers hosted by Kids' House, **10 more** hosted by Circles of Care in Melbourne, FL July 29.

To be included in EMDR Therapist Progressions, please be sure to let us know of your EMDR-related progress, so that we can celebrate your success. Just email me at Marina@marinalombardo.com.

by Marina Lombardo

GOEMDRIAN Inc. sponsored its first Webinar on June 1, 2018, with Michael Coy providing information and instruction on how to use the MID 4.0 (Multidimensional inventory of Dissociation.) This scale is a valuable tool to determine the presence of pathological dissociation, and is especially useful for EMDR clinicians who work extensively with trauma.

This “new for us” online format was very well-received, with positive reviews from 35 attendees. Special thanks to *Reg Morrow Robinson* and *Dominique Barritt* for their efforts to bring this program to GoEmdrian and for their hard work behind the scenes.

Qualified mental health professionals who were not able to attend can access the MID at www.MID-assessment.com for free.

Easy Ego State Interventions: Strategies for Working with Parts

by Robin Shapiro

Reviewed by Mary Jo McHaney



This book is a must read for those readers who are not familiar with the idea of ego states and how to engage them in the process of therapy. And for those who utilize ego state therapy routinely, this book is a treasure trove of creative ideas to add to their toolbox. Easy to read and easy to apply, Robin Shapiro delivers on her title.

[click here to continue reading](#)

Our Community: Meet Jenna Burton

by Joan Liberman

Jenna Burton, LMHC, an EMDRIA Approved Consultant, has 20 years experience in counseling, assessments, staff training and supervision. She is the owner/therapist of Mindful Hearts Institute, which she established in 2011.

Jenna’s practice focuses on complex trauma and dissociation, borderline personality features, trauma-based psychosis, schizophrenia and early crisis intervention. Jenna holds a monthly cultural competency book study for EMDR clinicians, hosts trauma workshops and self-care groups for clinicians, social workers, first responders and direct care staff, and is a provider of psycho-

educational workshops for families and agencies in the community.
Jenna works with individuals of all ages and conducts group therapy and

[click here to continue reading](#)

Get Noticed with Our Therapist Directory

By Marina Lombardo

EMDR Therapists spend a lot of time, energy and money developing and honing skills to help others. But without visibility, no one can benefit.

The Therapist Directory is designed to change that by:

- *Helping clients find suitable therapists
- *Helping other professionals make appropriate referrals.

Take advantage of this amazing opportunity by registering with our Directory. Anyone who has completed EMDR Basic Training may post. Just go to the website, create a login, and follow the option to “Create my Directory Entry.” Or click [here](#) to access it now.

What's App

BrainWave

By Marina Lombardo

Over a thousand 5 star reviews can't be wrong!

Using cutting edge brain technology, Brain Wave has created a new binaural app where the listener can choose from 32 programs to feel positive and energized, sleep more soundly, focus and concentrate, or relax and be creative.

Accessible on your iPad/Phone/Pod for \$4.99, you can use the included sound tracks or customize your playlist and program duration, for anywhere from 10 minutes to 8 hours.

Just go to the App store and download **BrainWave: 35 Binaural Programs**.

EMDR Trainings

Lynda Ruff Trainings: Do you know of someone who would like to learn EMDR in a small (6-10 participants) EMDRIA-approved basic training? Lynda Ruff in Orange City, will be providing 2 more trainings this year: September 28-30 & October 26-28, and November 9-11 & December 7-9.

This is a relaxed, have fun and learn experience. You and your practice partner have private spaces for your afternoon practice sessions.

For not-for-profit folks, interns and students in a practicum, it is \$1000 total cost for both parts and the 10 hours of required consultation.

For private practitioners, it is \$1400. CEUs are extra.

If someone you know might be interested, private message or email Lynda Ruff at lmr@EMDRTherapyVolusia.com for more information.

Conference at UCF is today! AMHCA. Aug 1-3, 2018. To learn more go to www.amhca.org/conference There are two presentations on EMDR from our community:

Dissociation and Couples Aug 1. Presenter: Regina Morrow Robinson

Early EMDR Interventions Aug 3. Presenter: Regina Morrow Robinson

Connect EMDR Training and Consulting

www.ConnectEMDR.com

Basic Training

EMDR Therapy Regional Institute Basic Training, including 10 hours of consultation in a small group format at Webster University in Lakeland, FL 9/14-16 and 11/9-11 Trainer: Reg Morrow Robinson

Advanced courses

Working with Dissociation & Complex Trauma as an EMDR Therapist 8/4/18 Abingdon, VA. Trainer: Bill Brislin

EMDR Therapy and Complex Trauma in Children 9/28/18 Abingdon, VA. Trainer: Cherilyn Rowland Petrie

EMDR Institute basic training www.EMDR.com

Embassy Suites downtown Orlando: Part 1- November 2-4, 2018.

Trainer: Reg Morrow Robinson. Part 2: April 5 - 7, 2019, Trainer: Mark Nickerson

At a Glance

by Mary Beth Griffis

The Greater Orlando EMDRIA Network

(GOEMDRIAN) steering committee is working diligently to create an organization that will facilitate continued growth, education, and support to our EMDR community and the clients we serve. As a "collaboration of professionals dedicated to learning, teaching, and delivering transformational healing to the local community" we have established GOEMDRIAN as a Non-profit organization. We are now Greater Orlando EMDRIA Network Incorporated in the state of Florida.



October 4 - 7th EMDRIA 2018 Conference in Atlanta. "Meeting the Challenges in Today's World" is the theme for this years International Conference in Atlanta! So close to us! But if you are unable to attend in person you can register for much (but not all) of the conference and view it online by web access. [Click here](#) for more information.

February 1 & 2, 2019: EMDR and The Treatment of Substance and Behavioral Addictions: Are you interested in addressing Addictions, including Behavioral Addictions, with EMDR? This workshop explores the use of Eye Movement Desensitization and Reprocessing in the treatment of chemical dependency and other compulsive behaviors-specifically with clients **who are not yet abstinent**. This treatment-focused workshop, taught by **Hope Payson LCSW & LADC** and **Kate Becker LCSW & RYT**, teaches you how to stabilize clients and desensitize addiction memory networks without triggering increased substance use or relapse.

Please make a note that we have a **new venue** for this training.
Saints Peter and Paul Catholic Church
5300 Old Howell Branch Road
Winter Park, Florida 32792

I want to encourage everyone to **visit our website** at goemdrian.org to take advantage of the opportunity to list your practice. It is a handy place for both clients and therapist to visit to gather referrals as needed.

We all benefit from the research done by the EMDR Research Foundation. The Foundation focuses on three research priorities: to increase efficacy and reliability, to improve the understand of how EMDR can be effective in clinical areas not yet studied, and to address the global burden of trauma. The EMDR Research Foundation is the only funding source solely dedicated to EMDR therapy research and is a great benefit to our EMDR community as well as the clients we serve. If you would like to support the foundation you will find them at <http://emdrresearchfoundation.org/about/>

[Contact me at MaryBethGriffis@gmail.com.](mailto:MaryBethGriffis@gmail.com)

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STAY CONNECTED